LOVIN ME	Emotional Adulthood
Emotional Childhood is when we blame everything and everyone else for how we feel and for our results. Share an example of when you were acting like an emotional child:	Emotional Adulthood is taking full responsibility for how we're feeling no matter what someone else is doing or saying. We take control of our thinking and don't blame other people. Share an example of when you were acting like an emotional adult:
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	LeAnn Austin COACHING