

# DIL Manual

## How Do I shrink or eliminate this?

1. What is my current DIL manual?

What do I think she should be doing, shouldn't be doing, and everything about whatever is in my manual for my DIL.

2. What is my current manual for me?

Write it down. Similar to DIL manual, write down everything in your manual for yourself.

3. Go back through #1 and #2, and for each item on both manuals, ask yourself this question: If I loved me, and then I loved my DIL, would I keep or tweak this part of my manual? Then Do It.